

# LOCAL INFORMATION GUIDE



RESORT STYLE LIVING FOR OVER 50s



*Providence Lifestyle*

Haynes Resort

# WELCOME

## TO PROVIDENCE LIFESTYLE HAYNES RESORT

Lifestyle villages are a great choice for over 50s to downsize but not everyone wants to, or can afford to tie up the capital to buy into one. Apartment blocks only offer short term leases and retirement villages are known for high entry and exit fees. Providence Lifestyle offers boutique living where you can live in a friendly, safe, gated community with modern facilities to enjoy life.





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# MEDICAL

## HOSPITAL

### **Armadale Health Service**

3056 Albany Hwy, Mount Nasura  
9391 2000  
[ahs.health.wa.gov.au](http://ahs.health.wa.gov.au)

### **GP After Hours**

3056 Albany Hwy, Mount Nasura  
9391 2285  
[archehealth.com.au/ours-services/gp-after-hours-clinics-2](http://archehealth.com.au/ours-services/gp-after-hours-clinics-2)

## DOCTORS

### **Dale Medical Centre**

629 Ranford Rd, Forrestdale  
6118 4570  
[dalemedicalcentre.com.au](http://dalemedicalcentre.com.au)

### **Forrest Road GP**

1/50 Forrest Rd, Armadale  
9497 1900  
[forrestroadgp.com.au](http://forrestroadgp.com.au)

### **Haynes Medical Centre**

Haynes Shopping Centre, Shop 1 1256  
Armadale Rd, Haynes  
9497 5096  
[haynesmeds.com.au](http://haynesmeds.com.au)

### **Skye Medical**

11 Prospect Rd, Armadale  
9399 5311  
[skymedicalarmadale.com](http://skymedicalarmadale.com)

### **St John Armadale Medical**

Armadale Central Shopping Centre, Shop  
62/63 10 Orchard Ave, Armadale  
9399 0909  
[stjohnhealth.com.au](http://stjohnhealth.com.au)

## PHARMACIES

### **Amcal Pharmacy Haynes**

Haynes Shopping Centre, Shop 7 1256  
Armadale Rd Haynes  
9399 1136  
[amcal.com.au/store-locator/wa/amcal-pharmacy-armadale-haynes](http://amcal.com.au/store-locator/wa/amcal-pharmacy-armadale-haynes)

### **Champion Drive Compounding Pharmacy**

240 Seville Dr, Seville Grove  
9497 1393  
[championdrivecompounding.com.au](http://championdrivecompounding.com.au)

### **Chemist Warehouse Armadale**

Armadale Shopping City, Shop MM04 206  
Jull St, Armadale  
6147 5427  
[chemistwarehouse.com.au](http://chemistwarehouse.com.au)





## DENTISTS

### **Beyond Smiles Dental Forrestdale**

629 Ranford Rd, Forrestdale

9397 8405

[beyondsmilesdental.com.au](http://beyondsmilesdental.com.au)

### **Elysian Dental**

Armadale Shopping City, Shop 67 206 Jull St, Armadale

6396 2116

[elysiandental.com.au](http://elysiandental.com.au)

### **St John Armadale Dental**

Armadale Central Shopping Centre, Shop 62-63 10 Orchard Ave, Armadale

9399 0909

[stjohnhealth.com.au](http://stjohnhealth.com.au)

## OPTOMETRISTS

### **Specsavers Optometrists & Audiology Armadale**

Armadale Central Shopping Centre, Shop 15 10 Orchard Ave, Armadale

9399 4222

[specsavers.com.au](http://specsavers.com.au)

### **Spectrum Family Eyecare**

Armadale Central Shopping Centre, Shop 52 10 Orchard Ave, Armadale

9399 5346

[spectrumfamilyeyecare.com.au](http://spectrumfamilyeyecare.com.au)

## PODIARTISTS

### **Armadale Podiatry Surgery**

51B Church Ave, Armadale

9399 2344

[armadalepodiatry.com.au](http://armadalepodiatry.com.au)

## PHYSIOTHERAPISTS

### **Armadale Physiotherapy**

21 Forrest Rd, Armadale

9399 4248

### **Back in Motion Physiotherapy**

2/82 Champion Dr, Seville Grove

9497 7027

[backinmotion.com.au/seville-grove](http://backinmotion.com.au/seville-grove)

## OTHER

### **Armadale Chiropractic Centre**

32 S Western Hwy, Armadale

9497 7000

[perthchiro.com.au/armadale-chiropractor](http://perthchiro.com.au/armadale-chiropractor)

### **Australian Clinical Labs**

Haynes Shopping Centre, 1256 Armadale Rd Haynes

9399 3544

[clinicallabs.com.au](http://clinicallabs.com.au)

### **Medicare/Centrelink**

42 William St, Armadale

13 24 68

[humanservices.gov.au](http://humanservices.gov.au)

### **Perth Radiological Clinic**

Armadale Health Service, 3056 Albany Hwy, Armadale

9391 0100

[perthradclinic.com.au](http://perthradclinic.com.au)

### **Western Diagnostic Pathology**

2/50 Forrest Rd, Armadale

9497 9008

[wdp.com.au/CollectionCentres.aspx](http://wdp.com.au/CollectionCentres.aspx)

# WINING AND DINING

## CAFES

### Avocados Café

2 Mount St, Kelmscott  
6496 0138  
[avocadosperth.com](http://avocadosperth.com)

### Bean Thru Coffee

89B Jull St, Armadale  
9399 2002

### Brook 508 Café

508 Brookton Hwy, Roleystone  
6396 7393  
[brook508cafe.com.au](http://brook508cafe.com.au)

### DOMÉ Armadale

Armadale Shopping City, 206 Jull St,  
Armadale  
9498 3846  
[domecoffees.com](http://domecoffees.com)

### Matty's Espresso

Haynes Shopping Centre, 1256 Armadale Rd  
Haynes,  
0432 966 877

### Once for All

Stockland Harrisdale Shopping Centre, 120  
Yellowwood Ave, Harrisdale  
6396 6834

### The Pink Deli

1 Melody St, Kelmscott  
0487 063 490

## RESTAURANTS

### Barrelhouse Armadale

Armadale Central Shopping Centre, Shop 69  
10 Orchard Ave, Armadale  
9393 9227  
[barrelhouse.com.au](http://barrelhouse.com.au)

### Cantina & Grill

Armadale Central Shopping Centre, Shop 9  
10 Orchard Ave, Armadale  
6594 2786  
[facebook.com/armadalecentral](https://facebook.com/armadalecentral)

### Champion Lakes Tavern

127 Westfield Rd, Camillo  
9495 1918  
[champstavern.net.au](http://champstavern.net.au)

### Haynes Bar & Grill

131 Eighth Rd, Armadale  
6269 1050  
[haynesbarandgrill.com.au](http://haynesbarandgrill.com.au)

### Koi Chinese Restaurant

Stockland Harrisdale Shopping Centre, 120  
Yellowwood Ave, Harrisdale  
9393 3696

### Saffron Valley

Stockland Harrisdale Shopping Centre, 120  
Yellowwood Ave, Harrisdale  
6290 8572

### Seven Sins Perth Hills

1 Soldiers Rd, Roleystone  
6290 5162  
[sevensinsperthhills.com.au](http://sevensinsperthhills.com.au)

### Sun Hing Chinese Restaurant

142 Jull St, Armadale  
9399 1037

### Taste of Italy Pizzeria e Ristorante

8/50 Forrest Rd, Armadale  
9497 3172  
[tasteofitaly.com.au](http://tasteofitaly.com.au)

### The Dale Bar & Bistro

205 Jull Street, Armadale  
9399 2515  
[thedalebarandbistro.com.au](http://thedalebarandbistro.com.au)

### Ye Olde Narrogin Inne

2 South Western Hwy, Armadale  
9399 5944  
[thenarry.com](http://thenarry.com)

## TAKEAWAY RESTAURANTS

### Andy's Fish & Chips

6/24-26 Commerce Ave, Armadale  
9399 2273

### Guzman Y Gomez

Haynes Shopping Centre, 1256 Armadale Rd  
Haynes  
6361 2333  
[guzmanyomez.com.au/all-location](http://guzmanyomez.com.au/all-location)





### **KFC Haynes**

131 Eighth Rd, Seville Grove  
9399 6900

[kfc.com.au](http://kfc.com.au)

### **McDonalds**

69 Jull St, Armadale  
9399 3599

[mcdonalds.com.au](http://mcdonalds.com.au)

### **Mr Noodle House**

Haynes Shopping Centre, 1256 Armadale Rd  
Haynes  
0410 803 636

### **Pastacup Haynes**

Haynes Shopping Centre, 1256 Armadale Rd  
Haynes  
9498 3800

[pastacup.com.au](http://pastacup.com.au)

### **Pizza Hut**

Haynes Shopping Centre, 1256 Armadale Rd  
Haynes  
13 11 66

[pizzahut.com.au/stores/pizza-hut-armadale](http://pizzahut.com.au/stores/pizza-hut-armadale)

### **Red Rooster Armadale**

Cnr Third Rd & Jull St, Armadale  
9344 1280

[redrooster.com.au/locations/armadale-3](http://redrooster.com.au/locations/armadale-3)

## **VINEYARDS AND BREWERIES**

### **Core Cider House**

35 Merrivale Rd, Pickering Brook  
9293 7583

[corecider.com.au](http://corecider.com.au)

### **Hainault Vineyard & Mistelle Bistro**

255 Walnut Rd, Bickley  
9293 7682

[hainault.com.au](http://hainault.com.au)

### **Jadran Wines**

87 Reservoir Rd, Orange Grove  
9459 1110

[jadranwines.com.au](http://jadranwines.com.au)

### **Last Drop Elizabethan**

25 Canns Rd, Bedfordale  
9399 4531

[lastdropelizabethan.com](http://lastdropelizabethan.com)

### **Millbrook Winery**

Old Chestnut Ln, Jarrahdale  
9525 5796

[millbrook.wine](http://millbrook.wine)

### **Naked Apple Cider House**

1088 Brookton Hwy, Karragullen  
9496 1138

[nakedapple.com.au](http://nakedapple.com.au)

# LOCAL FACILITIES

## ENTERTAINMENT

### Classic Sounds

223 Railway Av, Kelmscott  
9495 1986  
[classicsounds.com.au](http://classicsounds.com.au)

### Grand Cinemas Armadale

Armadale Central Shopping Centre, 10  
Orchard Ave, Armadale  
9399 8999  
[grandcinemas.com.au](http://grandcinemas.com.au)

### History House Museum

Minnawarra Historic Precinct, 7 Orchard  
Ave, Armadale  
9394 5670  
[library.armadale.wa.gov.au/libraries#34](http://library.armadale.wa.gov.au/libraries#34)

### Roleystone Theatre

587 Brookton Hwy, Roleystone  
6396 1557  
[roleystonetheatre.com.au](http://roleystonetheatre.com.au)

## FLORA, FAUNA AND SCENIC

### Araluen Botanic Park

362 Croyden Rd, Roleystone  
9234 2200  
[facebook.com/araluenbotanicpark](https://facebook.com/araluenbotanicpark)

### Armadale Reptile & Wildlife Centre

304-308 South Western Hwy, Wungong  
9399 6927  
[armadalereptilecentre.com.au](http://armadalereptilecentre.com.au)

### Churchman Brook Dam

Soldiers Rd, Kelmscott  
9394 5410  
[watercorporation.com.au/Our-water/Rainfall-and-dams/Visiting-our-dams/Churchman-Brook-Dam](http://watercorporation.com.au/Our-water/Rainfall-and-dams/Visiting-our-dams/Churchman-Brook-Dam)

### Cohunu Koala Park

Lot 103 Nettleton Rd, Byford  
9526 2966  
[cohunu.com.au](http://cohunu.com.au)

### Minnawarra Park

Cnr Jull St & Armadale Rd, Armadale,  
9394 5000  
[perthhillsarmadale.com.au/minnawarra-park](http://perthhillsarmadale.com.au/minnawarra-park)

### Perth Hills Armadale Visitors Centre

40 Jull St, Armadale  
9394 5410  
[facebook.com/PerthHillsArmadale](https://facebook.com/PerthHillsArmadale)

### Serpentine National Park

100 Falls Rd, Serpentine,  
9525 2128  
[parks.dpaw.wa.gov.au/park/serpentine](http://parks.dpaw.wa.gov.au/park/serpentine)

### Settlers Common Walk Trail

Observation Circle, Bedfordale







## LIBRARIES

### Armadale Library

Armadale Central Shopping Centre, Orchard Ave, Armadale  
9394 5125

[library.armadale.wa.gov.au/libraries](http://library.armadale.wa.gov.au/libraries)

### Kelmscott Library

2784 Albany Hwy, Kelmscott  
93494 5910

[library.armadale.wa.gov.au/libraries](http://library.armadale.wa.gov.au/libraries)

### Seville Grove Library

78 Champion Dr, Seville Grove,  
9394 5800

[library.armadale.wa.gov.au/libraries](http://library.armadale.wa.gov.au/libraries)

## POST OFFICES

### Armadale Post Shop

Armadale Shopping City, Shop 1 206 Jull St,  
Armadale  
13 13 18

[auspost.com.au](http://auspost.com.au)

### Seville Grove Post Shop

Champion Drive Shopping Centre, Shop 3 82  
Champion Dr, Seville Grove  
13 13 18

[auspost.com.au](http://auspost.com.au)

## SPORT AND RECREATION

### Araluen Golf Resort

Country Club Ave, Roleystone  
9397 9000

[araluenresort.com.au](http://araluenresort.com.au)

### Armadale Bowling Club

8 Millman Way, Armadale  
9497 1381

[armadalebowlingclub.com.au](http://armadalebowlingclub.com.au)

### Armadale Fitness & Aquatic Centre

76 Champion Dr, Seville Grove  
9394 5850

[active.armadale.wa.gov.au/our-pools](http://active.armadale.wa.gov.au/our-pools)

### Armadale Tennis Club

Cnr Millman Way & Forrest Rd, Armadale  
9399 6911

[facebook.com/pages/category/  
Tennis-Court/Armadale-Tennis-  
Club-419274681426556](https://facebook.com/pages/category/Tennis-Court/Armadale-Tennis-Club-419274681426556)

### Blissful Balance Yoga

Various locations in Harrisdale, Kelmscott &  
Roleystone  
0466 621 995

[blissfulbalanceyoga.com](http://blissfulbalanceyoga.com)

### Champion Lakes Regatta Centre

Henley Drive, Champion Lakes  
9390 7051

[venueswest.wa.gov.au/venues/champion-  
lakes-regatta-centre](http://venueswest.wa.gov.au/venues/champion-lakes-regatta-centre)

### Jetts Armadale

Haynes Shopping Centre, Shop 13 1256  
Armadale Rd, Haynes  
9399 2486

[jetts.com.au/clubs/jetts-armadale](http://jetts.com.au/clubs/jetts-armadale)

### Kookaburra Yoga

210 Carradine Rd, Bedfordale  
9399 1000

[kookaburrayoga.com](http://kookaburrayoga.com)

### Newhaven Dog Park

Macadamia Loop, Piara Waters

### Sienna Wood Dog Park

Enter carpark via Forrest Rd, near Eleventh  
Rd, Hilbert

### The Springs Club (prev. Armadale Golf Club)

629 Forrest Rd, Forrestdale  
9498 2795

[armadalegolf.club](http://armadalegolf.club)

# GENERAL NEEDS

## CONTAINER RECYCLING CENTRES

### Down Under Recycling

273 South Western Hwy, Armadale  
0452 443 426

[downunderrecycling.com.au](http://downunderrecycling.com.au)

### TOMRA Recycling

2921 Albany Hwy, Kelmscott  
1300 670 044

[mytomra.com.au/containers-for-change-kelmscott](http://mytomra.com.au/containers-for-change-kelmscott)

### UCANRECYCLE WA

24 Gillam Dr, Kelmscott  
0404 867 423

[ucanrecyclewa.com.au](http://ucanrecyclewa.com.au)

## FRESH PRODUCE AND ORCHARDS

### Irymple Orchard

128 Irymple Rd, Roleystone  
0430 783 471

### Raeburn Orchard

4 Raeburn Rd, Roleystone  
9397 5325

[raeburnorchards.com](http://raeburnorchards.com)

### Rose Valley Cheese Company

124 Wungong Rd, Hilbert  
0424 727 146

[rosevalleycheese.com.au](http://rosevalleycheese.com.au)

### Spring Hill Orchard

195 Urch Rd, Roleystone

[facebook.com/springhillorchard](https://facebook.com/springhillorchard)

## PUBLIC TRANSPORT

### Transperth Train and Bus Station Armadale

18 Commerce Ave, Armadale  
13 62 13

[transperth.wa.gov.au](http://transperth.wa.gov.au)

### Transwa Armadale

18 Commerce Ave, Armadale  
1300 662 205

[transwa.wa.gov.au/Bookings-and-fares/Booking-information](http://transwa.wa.gov.au/Bookings-and-fares/Booking-information)

## SHOPPING AND GROCERIES

### Armadale Central Shopping Centre (inc. Woolworths)

10 Orchard Ave, Armadale  
9335 5492

[armadalecentral.com.au](http://armadalecentral.com.au)

### Armadale Shopping City (inc. Coles & ALDI)

206 Jull Street, Armadale  
9399 3933

[armadaleshoppingcity.com.au](http://armadaleshoppingcity.com.au)

### Bunnings Warehouse

Cnr Armadale Rd & Ranford Rd, Armadale  
9497 6999

[bunnings.com.au/stores/wa/armadale](http://bunnings.com.au/stores/wa/armadale)

### Forrest Road Fresh

50 Forrest Rd, Armadale  
9497 7811

[forrestrdfresh.com.au](http://forrestrdfresh.com.au)

### Haynes Shopping Centre (inc. Coles)

1256 Armadale Rd, Haynes  
9426 1777

[haynesshoppingcentre.com.au/storedirectory](http://haynesshoppingcentre.com.au/storedirectory)

### Spud Shed Kelmscott

2853 Albany Hwy, Kelmscott  
6424 7835

### Stockland Harrisdale Shopping Centre (inc. Woolworths & ALDI)

Cnr Nicholson Rd & Yellowwood Ave, Harrisdale  
9393 3036

## VEHICLE MAINTENANCE

### 7-Eleven Haynes

Haynes Shopping Centre, 1256 Armadale Rd, Haynes  
9399 9428

[7eleven.com.au](http://7eleven.com.au)

### Autobahn Mechanical and Electrical Services

Haynes Shopping Centre, 1256 Armadale Rd, Haynes  
9399 8828

[autobahn.net.au/mechanic-locations/armadale](http://autobahn.net.au/mechanic-locations/armadale)

### Battery World

Haynes Shopping Centre, 1256 Armadale Rd, Haynes  
9399 5555

[batteryworld.com.au/stores/battery-world-armadale](http://batteryworld.com.au/stores/battery-world-armadale)

### Bridgestone Select

Haynes Shopping Centre, 1256 Armadale Rd, Haynes  
9468 9136

[bridgestone.com.au/stores/wa/bridgestone-select-armadale](http://bridgestone.com.au/stores/wa/bridgestone-select-armadale)

### Shell Coles

131 Eighth Rd, Armadale  
9498 3573



## LOCAL EVENTS

### ANNUAL EVENTS

**Armadale Arts Festival (May)**

[armadaleartsfestival.com.au](http://armadaleartsfestival.com.au)

**Outside the Frame Exhibition  
(August)**

**It's Spring Time Festival at Araluen  
(August – October)**

[araluenbotanicpark.com.au/events-2/its-yates-springtime-at-araluen](http://araluenbotanicpark.com.au/events-2/its-yates-springtime-at-araluen)

**Armadale Hills Arts Trail  
(September)**

[armadalehillsartstrail.com](http://armadalehillsartstrail.com)

**Armadale Highland Gathering  
and Perth Kilt Run (October)**

[perthhillsarmadale.com.au/events/highland-gathering-perth-kilt-run](http://perthhillsarmadale.com.au/events/highland-gathering-perth-kilt-run)

**Kelmscott Agricultural Show  
(October)**

[kelmscottshow.com.au/show](http://kelmscottshow.com.au/show)

**Carols by Candlelight (December)**

[perthhillsarmadale.com.au/events/carols-candlelight](http://perthhillsarmadale.com.au/events/carols-candlelight)



### Emergency numbers

Ambulance, Fire & Police (life threatening) .....	000
Police (attendance & assistance) .....	131 444
State Emergency Service .....	132 500

### Other useful numbers

Alinta Energy (enquiries) .....	13 13 58
Armadale Health Service (non-emergency only) .....	9391 2000
Armadale Police (non-emergency only) .....	9399 0222
ATCO Gas (faults & emergencies) .....	13 13 52
Centrelink .....	13 10 21
Citizen's Advice Bureau of WA - Armadale .....	9497 5311
City of Armadale inc. ranger (after hours) .....	1300 886 885
City of Armadale inc. ranger (office hours) .....	9394 5000
Department of Veteran Affairs .....	1800 838 372

Domestic Violence Helpline .....	1800 737 732
Health Direct (non-emergency, 24hr health advice) .....	1800 022 222
Life Line .....	13 11 14
Medicare .....	132 011
Posions Information .....	13 11 26
Swan Taxis .....	13 13 30
Synergy .....	13 13 53
Transperth .....	13 62 13
Water Corporation (faults) .....	13 13 75
Western Power (faults & emergencies) .....	13 13 51



*Providence Lifestyle*

**Haynes Resort**

Call or email **Mark Jewell**,  
your Lifestyle Sales Consultant

**T** 0411 497 111

**E** [markJ@providencelifestyle.com.au](mailto:markJ@providencelifestyle.com.au)

**W** [providencelifestyle.com.au](http://providencelifestyle.com.au)

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